

The Power of Prayer and Supplication in the Spirit

Praying Always

God's armor is comprehensive. In this series we have spent time examining it, from the ideas behind it, to its purpose and application. It is an absolutely essential part of surviving and winning our battle against Satan. However, right on the heels of his description of the armor of God, Paul adds that we should be "praying always with all prayer and supplication in the Spirit" (Ephesians 6:18).

How can we be "praying always"?

Luke 18:1-8

I tell you that He will avenge them speedily. Nevertheless, when the Son of Man comes, will He really find faith on the earth?

What is supplication?

Philippians 4:6

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God...

Ephesians 6:18

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

What role does the Spirit play in a Christian's prayers?

Romans 8:26-27

Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit [itself] makes intercession for us with groanings which cannot be uttered. Now He who searches the hearts knows what the mind of the Spirit is, because [it] makes intercession for the saints according to the will of God.

Acts 2:38

Peter replied, "Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit.

Romans 8:14

For those who are led by the Spirit of God are the children of God.

Who or what should we be praying about?

Matthew 6:9-13

In this manner, therefore, pray: Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.

Matthew 7:7-8

Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.

Luke 21:36

Watch therefore, and pray always that you may be counted worthy to escape all these things that will come to pass, and to stand before the Son of Man.

Matthew 26:39

He went a little farther and fell on His face, and prayed, saying, "O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will."

Ephesians 6:18-20

...praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints—and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the gospel, for which I am an ambassador in chains; that in it I may speak boldly, as I ought to speak.